

Where to find St Michael's Hospice



**St Michael's Hospice, 25 Upper Maze Hill, St Leonards on Sea, East Sussex, TN38 0LB
01424 445177**

The Hospice is easily accessible by car, train, bus and on foot. There is a car park at the Hospice, as well as free ample on-street parking on the surrounding streets within a short walking distance. The nearest train station is St Leonards Warrior Square, which is approximately 12 minutes away on foot. The nearest bus stops are on Upper Maze Hill and Pevensey Road. Alternatively buses stop on London Road which is a 10-15 minute walking distance to the Hospice.

St Michael's Hospice Donation Centre, Unit 1, Queensway Avenue South, Queensway, St Leonards on Sea, East Sussex, TN38 9AG. 01424 728728

We have a number of shops located within the following towns; Battle, Bexhill, Hastings, Ore, Rye, Sidley and St Leonards On Sea.

Making a donation

To make a donation, please call 01424 456396 or visit www.stmichaelshospice.com/donate



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st michael's hospice



Admissions to In-Patient Unit

Helping you and your family prepare
for admission to St Michael's Hospice

ADMISSION TO THE IN-PATIENT UNIT

Following a discussion with you and your family, our experienced team will offer you a programme of care to suit your needs. We are committed to involving the individual and their families in all decisions about their care.

“Thank you to all of you for your care, kindness, support and compassion to Peter whilst he was with you. Thank you for looking after the three of us so wonderfully well too.”

Relatives of patient

Who is responsible for suggesting that I should be admitted?

Any of the Healthcare professionals involved in your care eg your GP, Hospital Consultant, Macmillan Nurse, District Nurse, or other Hospice Services.

Why would I be admitted?

You can be admitted, usually for a defined period of time, and for a variety of reasons, including;

- Assessment – a period of close observation to clarify your palliative care needs and to plan future care
- Symptom control – to help alleviate the concerns and issues you have
- A step down from hospital, in order to get you stronger, improve your well-being
- End of life care – to provide care, and support in a safe environment.

A common myth is that people come into the Hospice to die. The reality is very different; we aim to improve quality of life.

How long will I have to wait for admission?

Every day we discuss and prioritise admission referrals. A member of the Hospice team will keep you and your

family informed as to when a bed becomes available. We hope to offer you a bed as soon as possible. If there is a delay, we will support and advise in the interim via the Hospice at Home team.

What are the visiting times?

Visitors, including children and pets, are welcome at any time except during 1pm – 3pm when visits are at the discretion of the nurse in charge. Visiting can be very tiring so we feel it is very important for patients to have a rest period. Overnight facilities for family and friends may be available on request.

Who will look after me on the ward?

Primarily the nursing team is responsible for your day to day care and the team will vary depending on the time of day. The Hospice has a Matron, Sister in Charge and each ward has a senior staff nurse, staff nurses, senior health care assistants and health care assistants. We have enough staff on duty to enable us to spend more time with you and your family than if you were in hospital.

We also have a very active team of volunteers on all the wards who are only too happy to assist you, just listen or help with any activity you may fancy doing. The Hospice has beautiful grounds and on a nice day it is always worth a visit.

One of the medical team will meet you soon after you are admitted and you will be seen most days by one of our doctors to review medication, your treatment and discuss any suggested changes to your care. If you would like a member of your family present, please ask.

Does the Hospice provide the same treatment as the hospital?

No. Should you require specialist investigations or treatment that cannot be provided by St Michaels Hospice we will recommend that an admission to hospital might be more appropriate for you.

Does St Michael's Hospice provide long-term care?

The length of your stay is not fixed but is determined by your symptoms and the level of palliative care that you need. However, we are unable to provide long-term care in the same way as care homes. Should longer term care be required for you we will discuss this with you and your family.

Wi-Fi access

We have free Wi-Fi throughout the Hospice, please ask a member of staff or a volunteer for the password.

Are there facilities for my visitors?

There are lots of areas in the Hospice for you and your visitors to use away from the bedside. We have beautiful extensive gardens, patio, coffee shop, conservatory area and each floor has a quiet room. Please feel free to use them at any time on your own or with your family.

The coffee shop offers a wide variety of snacks, confectionery and hot and cold drinks and is open most of the day from 9am onwards. Your relatives can order a meal on the ward but it must be ordered and paid for the day before. Lunch is usually £4 and supper £3. Unfortunately we have to limit meals to two relatives per patient. When the coffee shop is closed hot drinks can be obtained on the ward for a small donation.

Can my pets visit?

We are more than happy for your pets to visit as long as they are kept under control and are housetrained! Pre-arrangement with the nursing team is appreciated.

What will I need to bring in with me?

- Toiletries
- Nightwear
- Comfortable day clothes
- A small amount of money for the trolley shop and the coffee shop
- Medicines and tablets. Patients are asked to bring all their medication (in their original packets or containers) which has been prescribed and you are taking regularly
- Any special items – eg personal items, books etc. which will help make your stay more comfortable
- Whilst safe custody of articles of value (such as cash and jewellery) can be arranged in special circumstances, we do advise patients not to bring in their valuables.

Is there car parking for visitors?

There are allocated visitor and disabled parking bays at the Hospice. If you or your visitors are unable to walk from the car park there is an ambulance bay where you can be dropped off. There are also some limited disabled parking bays but please display your disabled parking badge.

Can I smoke?

Inside St Michaels Hospice it is a smoke free zone. However a smoking shelter is provided in the grounds for use by the patients and their families. We would kindly ask you not to smoke anywhere else in the grounds.

More information can be found in the Patient and Family Information handbook, at each patient's bedside.